

## ULJE OD KONOPLJE

Za one koji su gledali dokumentarac "Run from the Cure", ovde bi trebali biti svi odgovori na pitanja o proizvodnji vlastitog ulja. Preporučujem da ljudi uzgajaju vlastitu konoplju bilo u malom zatvorenom prostoru ili van. Vlastiti uzgoj će otkloniti veliku cenu po kojoj dileri prodaju marihuanu. Cena marihuane može varirati od dilera do dilera, isto kao i njen kvalitet. Za sve nove ljude u uzgoju konoplje neophodno je obrazovanje putem dobre knjige ili video materijala.

Pažnja:

Ulja koje prodaju dileri mogu imati razne nečistoće i imati malo THC-a ili uopšte ga ne imati. Iz mog iskustva, većinu ulja od konoplje koja su dostupna na ulici trebalo bi izbegavati za medicinsku primenu. Proizvedite vlastito ulje ili imajte nekoga kome možete verovati da proizvodi vrlo čisto, visoko kvalitetno ulje.

Koliko proizvesti i uzeti?

Obično se od 500 grama osušenih vrhova konoplje proizvede oko 60g (55 - 60 mL) visoko kvalitetnog ulja. Ta količina ulja izlечиće sve ozbiljnije tumore: prosečna osoba može konzumirati tu količinu unutar tri meseca. To ulje je vrlo potentno pa osoba mora početi tretman sa malim dozama. Kapljica ulja veličine pola zrna pirinča, dva ili tri puta na dan je dobro za početak. Posle 4 ili 5 dana, počnite povećavati svoju dnevnu dozu vrlo postepeno. Kako vreme prolazi, telo povećava toleranciju na ulje i može se uzeti sve veća količina. U slučajevima kada je osoba u velikim bolovima, preporučujem da se doza naglo poveća dok se bol ne ukloni. Visoko kvalitetno ulje zaustaviće bol i kada morfijum nije delotvoran. Ulje se može koristiti i na vanjske povrede za zaustavljanje boli unutar par minuta.

Da li će me učiniti 'high'?

Sledeći predhodno opisano doziranje, mnogi ljudi mogu uzeti puni tretman i nikad ne biti 'high'. S obzirom na marihuanu, postati 'high' je šala, čak i onda ako je osoba uzela preveliku dozu ulja, efekt se brzo povuče i ne ostavlja nikakvu štetu. Nikada niko nije umro zbog korišćenja leka od marihuane.

Da li ću postati zavisna?

Ulje od konoplje ne prouzrokuje da vaše telo žudi za još. Ulje ne prouzrokuje zavisnost, bezopasno je i efikasno u praktički svim medicinskim stanjima.

Je li to isto što i ulje od semena konoplje?

NE! Ovo je ulje od konoplje, izrađeno od vrhova i malih listova biljke konoplje. To je osnovno ulje te biljke. Trgovine zdrave hrane prodaju ulje napravljeno od semenja konoplje koje se često krivo poistovećuje sa uljem od konoplje. Premda je ulje od semenja konoplje vrlo korisno, ono ne sadrži dovoljno THC-a da bi imalo bilo kakav efekt na rak ili druge ozbiljnije bolesti.

Je li konoplja i marihuana isto?

Reč marihuana je jedna od preko 400 slengova koje se koriste širom sveta za jednu te istu biljku - konoplju.

Jesu li sve vrste konoplje iste?

Kada kupujete ili uzgajate konoplju, nabavite vrstu koja proizvodi što veći procenat THC-a. Da biste dali energiju nekome ko pati od depresije, preporučujem neku dobru sortu Sativa. Za većinu ostalih medicinskih stanja, preporučujem da se koriste Indica sorte. Indica sorte opuštaju ljude i daju im više odmora i sna.

Kako da koristim ulje?

Visoko kvalitetno ulje može se konzumirati isparivanjem, jedenjem ili koristiti izvana. Dodajte ulje u kreme kod korišćenja izvana.

Gde mogu dobiti informacije o izradi ulja?

Postupak je opisan u dokumentarcu "Run From The Cure". Postupak u dokumentarcu se može opisati kao grub, ali ulje koje je tako proizvedeno izlечиće rak. Ovaj lek bi trebao biti proizveden u kontrolisanom okruženju, koristeći opremu za destilaciju. Većina ljudi ne razume destilaciju i nema pristup potrebnoj opremi. To je razlog zašto je u dokumentarcu opisana jednostavnija metoda s kojom svako može proizvesti ulje. Kao i u dokumentarcu, ponovo napominjem da ovaj proces, ako se ne radi pravilno može biti opasan i ne preuzimamo odgovornost ako se iznesene informacije pogrešno upotrebe.

Moj postupak:

Početni materijal:

Ja obično radim sa oko 500 g. kvalitetnih vrhova konoplje. Vi možete koristiti i samo oko 30g. 30g će proizvesti

oko 3 - 4 grama ulja. Količina proizvedenog ulja variraće od vrste do vrste, ali sve imaju neverovatan efekt u lečenju.

1. Stavite potpuno osušeni biljni materijal u plastičnu posudu.

2. Natopite materijal sa otapalom/rastvaračem kojeg koristite. Mogu se koristiti razni rastvarači.<sup>1</sup> Osobno koristim čistu naftu ali kanta od 170l košta oko 360€. Možete koristiti 99% izopropilni alkohol koji možete naći u lokalnim apotekama. Alkohol apsorbira više hlorofila iz biljnog materijala nego nafta. To prouzrokuje da ulje napravljeno uz pomoć alkohola ima tamniju boju, ali ne smanjuje potenciju ulja za neki značajniji postotak. Eter, nafta, butan i mnoga druga otapala mogu proizvesti ulje koje je žuto ili prozirno. To čini da ulje izgleda bolje ali tamno ulje može biti jednako potentno. Ako je postupak izveden pravilno, u ulju neće biti ostatka otapala ili će ga biti vrlo malo. Konzumirao sam ulja proizvedena korišćenjem raznih otapala tokom 8 godina bez štetnih posledica. Trebaće oko 8 litara otapala da bi odvojili THC od pola kilograma biljnog materijala. 500ml otapala bi trebalo biti više nego dovoljno za odvajanje THC-a od 30g biljnog materijala.

3. Izgnječite biljni materijal koristeći čisti (bez hemikalija) drveni štap ili neki slični alat.

4. Dodavajte rastvarač tako dugo dok biljni materijal ne bude potpuno potopnjen. Biljni materijal gnječite štapom. Dok to radite THC se odvaja od biljnog materijala u rastvarač.

5. Radite taj proces oko 3 minuta.

6. Prelijte mešavinu ulja/rastvarača bez biljnog materijala u drugu posudu. Upravo ste izvukli oko 80% THC-a iz biljnog materijala.

7. Drugo ispiranje - Ponovo dodajte otapalo u biljni materijal i gnječite još 3 minute da izvadite preostalih 20% THC-a.

<sup>1</sup> **Otapalo (rastvarač)** je tekućina koja otapa (rastvara) drugu tekućinu, gas ili drugu materiju, a rezultat otapanja se naziva otopina (rastvor). Najčešće otapalo u svakodnevnom životu je voda. Ostala otapala su uglavnom organski spojevi. Otapala obično imaju nisku tačku ključanja te dosta lahko isparavaju, te ih je lahko ukloniti destilacijom. Kada se upotrebljavaju otapala, potrebno je izabrati takva otapala koja ne stupaju u hemijske reakcije s spojevima koja se otapaju, odnosno moraju biti inertna. Dalje, otapala se mogu dodavati radi izvlačenja (ekstrakcije) nekih tvari iz smjese. Primjer za to je spravljanje čaja, gdje prokuhana voda izvlači korisne sastojke iz lišća i time omogućuje iskorištavanje tih sastojaka. Koncentracija otopine je količina otopljenih materija u određenoj količini otapala. **Rastvorljivost** je maksimalna količina određene materije koju je moguće otopiti u određenom otapalu na datoj temperaturi. Prilikom rastvaranja supstanci vrijedi empirijsko pravilo: *Slično se rastvara u sličnom*, dakle, polarne molekule se obično dobro rastvaraju u polarnim rastvaračima (npr. voda, metanol), a nepolarne u nepolarnim (heksan, benzen). Mjerilo polarnosti otapala je njegova dielektrična konstanta.

Otapalo	Hemijska formula	Tačka ključanja	Dielektrična konstanta	Gustoća
<b>Nepolarna otapala</b>				
Heksan	CH <sub>3</sub> -CH <sub>2</sub> -CH <sub>2</sub> -CH <sub>2</sub> -CH <sub>2</sub> -CH <sub>3</sub>	69 °C	2.0	0.655 g/ml
Benzen	C <sub>6</sub> H <sub>6</sub>	80 °C	2.3	0.879 g/ml
Toluen	C <sub>6</sub> H <sub>5</sub> -CH <sub>3</sub>	111 °C	2.4	0.867 g/ml
Dietil eter	CH <sub>3</sub> CH <sub>2</sub> -O-CH <sub>2</sub> -CH <sub>3</sub>	35 °C	4.3	0.713 g/ml
Hloroform	CHCl <sub>3</sub>	61 °C	4.8	1.498 g/ml
Etil acetat	CH <sub>3</sub> -C(=O)-O-CH <sub>2</sub> -CH <sub>3</sub>	77 °C	6.0	0.894 g/ml
<b>Polarna aprotionska otapala</b>				
1,4-dioksan	/-CH <sub>2</sub> -CH <sub>2</sub> -O-CH <sub>2</sub> -CH <sub>2</sub> -O-\	101 °C	2.3	1.033 g/ml
Tetrahidrofuran (THF)	/-CH <sub>2</sub> -CH <sub>2</sub> -O-CH <sub>2</sub> -CH <sub>2</sub> -\	66 °C	7.5	0.886 g/ml
Dihlorometan (DCM)	CH <sub>2</sub> Cl <sub>2</sub>	40 °C	9.1	1.326 g/ml
Aceton	CH <sub>3</sub> -C(=O)-CH <sub>3</sub>	56 °C	21	0.786 g/ml
Acetonitril (MeCN)	CH <sub>3</sub> -C≡N	82 °C	37	0.786 g/ml
Dimetilformamid (DMF)	H-C(=O)N(CH <sub>3</sub> ) <sub>2</sub>	153 °C	38	0.944 g/ml
Dimetil sulfoksid (DMSO)	CH <sub>3</sub> -S(=O)-CH <sub>3</sub>	189 °C	47	1.092 g/ml
<b>Polarna protionska otapala</b>				
Acetatna kiselina	CH <sub>3</sub> -C(=O)OH	118 °C	6.2	1.049 g/ml
n-Butanol	CH <sub>3</sub> -CH <sub>2</sub> -CH <sub>2</sub> -CH <sub>2</sub> -OH	118 °C	18	0.810 g/ml
Izopropanol (IPA)	CH <sub>3</sub> -CH(-OH)-CH <sub>3</sub>	82 °C	18	0.785 g/ml
n-Propanol	CH <sub>3</sub> -CH <sub>2</sub> -CH <sub>2</sub> -OH	97 °C	20	0.803 g/ml
Etanol	CH <sub>3</sub> -CH <sub>2</sub> -OH	79 °C	24	0.789 g/ml
Metanol	CH <sub>3</sub> -OH	65 °C	33	0.791 g/ml
Formijatna kiselina	H-C(=O)OH	100 °C	58	1.21 g/ml
Voda	H-O-H	100 °C	80	1.000 g/ml

8. Prelijte mešavinu ulja/rastvarača u posudu koja već sadrži prvu mešavinu koju ste predhodno napravili.
  9. Bacite biljni materijal iz kojeg ste upravo izdvojili THC.
  10. Prelijte mešavinu ulja/rastvarača kroz filter za kafu u čistu posudu.
  11. Isparite rastvarač (kuvanjem). Primetio sam da posuda za pirinač vrlo dobro isparava rastvor. Ja imam posudu koja se može podesiti na dve razine - jako i slabo - i može primiti preko 2l mešavine ulja/rastvarača.
  12. Dodajte mešavinu u posudu do 3/4 zapremine.
- Budite sigurni da se nalazite u dobro provetреноj prostoriji i uključite ventilator da oduvava pare rastvora. Pare su vrlo zapaljive. Budite sigurni da se nalazite podalje od žarećih elementa, iskra, cigareta, itd. To može prouzročiti požar.
13. Uključite posudu i namestite je da jako greje.
  14. Dodavajte mešavinu u posudu kako se nivo spušta sve dok sva mešavina ne završi u posudi.
  15. Kada je sav rastvor gotovo ispario dodajte par kapi vode u mešavinu. Količina vode koju ćete dodati zavisi koliko ste imali biljnog materijala na početku. Ako proizvodim ulje od pola kilograma dobrog biljnog materijala, obično dodam oko 10 kapi vode.
  16. Kada je u posudi ostalo oko 25mm mešavine ulja/rastvora, stavite rukavice i lagano vrtite posudu (da se promeša rastvor).
  17. Vrtite posudu dok rastvor ne ispari. Par kapi vode pomaže kod isparivanja ostatka rastvora i donekle čuva ulje od prejakog zagrevanja. Kada rastvor ispari moja posuda automatski se prebacuje na niže zagrevanje. To sprečava opasnost od prevelikog zagrevanja ulja. Temperatura ulja nikada ne bi smela preći 140 C.
  18. Stavite rukavice i uklonite ulje iz posude.
  19. Oprezno prelijte ulje u manju čistu metalnu posudu.
  20. Stavite tu posudu na dehidrator ili na neki uređaj koji lagano greje kao grejač za kafu. Može potrajati nekoliko sati ali će voda i rastvor ispariti iz ulja. Kada više nema nikakve aktivnosti na površini ulja, lek je spreman za upotrebu.
  21. Prelijte vruće ulje u bocu; ili kako prikazuje video - u plastičan špric. Spremanje ulja u špricu čini ga lakim za rukovanje.

Kada se ulje ohladi postaje kao gusta mast. Neke vrste konoplje proizvešće vrlo gusto ulje i mogli bi imati problema pri istiskanju iz šprica. Ako se to dogodi stavite špric u toplu vodu par minuta pre upotrebe. Za sve vas koji ćete početi koristiti ulje od konoplje kao lek evo par jednostavnih činjenica: Ulje će sniziti krvni pritisak, i ako uzimate lekove protiv visokog pritiska možda ćete otkriti da vam oni više nisu potrebni. Isto vredi i za dijabetičare.

Video sam da ulje od konoplje leči dijabetičare do tog nivoa da im insulin više nije potreban. Ja nisam doktor i nemam pravo govoriti ljudima šta bi trebali da čine. Lično ne prihvatam nikakvo lečenje protiv raka koje se danas koristi u službenoj medicini. Ne preporučujem da se ulje od konoplje koristi zajedno sa hemoterapijom. Koji je smisao praviti sopstveni lek ako dozvoljavate da vas službena medicina masovno truje?

Iz mog iskustva sa lekom od konoplje, otkrio sam da većina farmaceutskih lekova više nije potrebna kada osoba jednom počne koristiti ulje od konoplje. Čini se da kombinovanje ulja od konoplje i većine ostalih prirodnih lekova ide vrlo dobro, ali imao sam par izveštaja ljudi koji su probali uzimati ulje zajedno sa farmaceutskim lekovima i iskusili bol u truhu, itd. Svi su problemi nestali kad su ljudi prestali da uzimaju propisane lekove.

Svakome ko će upotrebiti ove informacije da pomogne voljenima želim dobrodošlicu u svet prave medicine. Ponovo upozoravam da budete vrlo oprezni kada isparavate rastvor jer su pare vrlo zapaljive. Budite sigurni da se nalazite podalje od žarećih elementa, iskra, cigareta, itd. To može prouzročiti požar. Želim vam sreću i zdravlje.

Topli pozdrav,

Rick Simpson.

# Make The Medicine

<http://phoenixtears.ca/make-the-medicine/>

For those of you who have watched the documentary “Run from the Cure”, this should answer any questions about producing your own oil. I recommend that people grow their own hemp either in a small indoor grow system or outdoors. Growing it yourself will eliminate the high cost associated with buying hemp from drug dealers. The cost of hemp can vary greatly from dealer to dealer and so can the quality of the hemp. For anyone new to growing hemp a good book or video on the subject is a necessity. If you go to Cannabis Culture, the good people there should be able to point you in the right direction.

**Caution:** Oils that drug dealers sell can have many contaminants and often little or no THC. From my experience, most hemp oil available on the street should be avoided for medicinal use. Make your own oil or have someone you trust produce the oil to assure a very pure, high quality oil is produced.

## **How much to make and take?**

One pound (500g) of bone-dry hemp buds will usually produce about 2 ounces (55 – 60 mL) of high-grade oil. This amount of oil will cure most serious cancers; the average person can ingest this amount in about three months. This oil is very potent so one must begin treatment with small doses. A drop of oil about half the size of a grain of rice, two to four times a day is a good beginning. After four or five days, start increasing your daily dosage very gradually. As time goes on the body builds a tolerance to the oil and more and more can be taken. In cases where people are in a great deal of pain, I recommend that their dosage be quickly increased until it kills the pain. High quality hemp oil will stop pain even when morphine is not effective. The oil can be applied to external injuries for pain relief in minutes.

## **Will I get high?**

Following the dosage previously described, many people can take the full treatment and never get high. In regards to hemp, getting “high” is a joke, even if a person does take too much oil the effect wears off quickly and no harm is done. No one has ever died from the use of hemp medicine.

## **Will I become addicted?**

Hemp oil does not cause your body to crave more. It is non-addictive, harmless and effective for practically any medical condition.

## **Is this the same as hemp seed oil?**

No! This is hemp oil, made from the bud and small leaves of the hemp plant. It is the essential oil of the hemp plant. Health food store sells oil made from hemp seed that is often mislabeled as hemp oil. Although seed oil is very beneficial, it does not contain enough THC to have any effect on cancer and other serious illnesses.

## **Are hemp and marijuana the same?**

The word marijuana is one of over four hundred slang terms used worldwide to describe the cannabis and/or hemp plant.

## **Are all hemp plants the same?**

When buying or growing hemp, procure a strain that has the highest possible THC content. To energize someone suffering from depression, I recommend a good Sativa strain. For most other medical conditions, I strongly suggest that Indica strains be used. Indicas relax a person and provide them with more rest and sleep.

## **How do I use it?**

High quality hemp oil can be vaporized, ingested or used topically. Add the oil to creams and salves for external use.

## **Where can I get information about making the oil?**

For someone new to making the oil I suggest that you go to “Run From The Cure”. There you can watch our documentary in seven segments. Segment #4 shows how the oil can be produced at home or one can go to Phoenix Tears Movie and download the full documentary. You will need a high-speed internet connection and there is no charge. The process in the video could only be described as crude at best, but the oil that is produced will cure cancer. In reality, this medicine should be produced in a controlled environment, using distilling equipment, etc. to reclaim the solvent and to purify the oil. Most people do not understand distilling and do not have access to the required equipment. This is the reason such a simple method is described in the documentary, so if need be just about anyone can produce the oil. As in the video, again we stress that this process, if not done properly can be dangerous and we bear no responsibility if this educational information is misused.

## **My process:**

**Starting material:** I generally work with a pound or more of good grade hemp starting material. You can use just one ounce. An ounce will usually produce 3 or 4 grams of oil. The amount of oil produced per ounce of hemp will vary from strain to strain, but it all has that wonderful healing power.

1. Place the completely dry starting material in a plastic bucket.
2. Dampen the material with the solvent you are using. Many solvents can be used. I like to use pure naphtha but it costs \$500 for a 45-gallon drum. You can use 99% isopropyl alcohol, which you can find in your local drug stores. Alcohol absorbs more chlorophyll from the plant material than naphtha does. This gives oils made with alcohol a darker color but does not diminish the potency of the oil to any noticeable degree. Ether, naphtha or butane and many other solvents can produce oils that are amber and transparent. Granted these clear oils do look better but dark oil can be just as potent. If the process is done properly, little or no solvent residue is left in the oil. I have been consuming oils produced using different solvents for eight years with no harmful effects. You will require about two gallons of solvent to strip the THC off one pound

- of dry starting material. 500 milliliters of solvent should be more than enough to strip the THC from one ounce of hemp starting material.
3. Crush the plant material using a stick of clean untreated (chemical free) wood or some such device. Even though the starting material has been dampened with the solvent, you will find that the material can be readily crushed.
  4. Add solvent until the starting material is completely covered. Use the stick to work the plant material. As you are doing this, the THC dissolves off the plant material into the solvent.
  5. Continue this process for about 3 minutes.
  6. Pour the solvent-oil mix off the plant material into another bucket. You have just stripped the plant material of about 80% of its THC.
  7. Second wash – again add solvent to the plant material and work it for another 3 minutes to get the other 20%.
  8. Pour this solvent-oil mix into the bucket containing the first mix that was poured off previously.
  9. Discard the twice-washed plant material.
  10. Pour the solvent-oil mix through a coffee filter into a clean container.
  11. Boil the solvent off. I have found that a rice cooker will do this boil off very nicely. The one I have has two heat settings – high and low – and will hold over a half gallon (2.5 liters) of solvent-oil mix.
  12. Add solvent-oil mix to the rice cooker until it is about  $\frac{3}{4}$  full. **Make sure you are in a very well ventilated area and set up a fan to carry the solvent fumes away. The fumes are very flammable. Be sure to stay away from red-hot elements, sparks, cigarettes etc. that could ignite the fumes.**
  13. Plug the rice cooker in and set it on high heat.
  14. Continue adding solvent-oil mix as the level in the rice cooker decreases until it is all in the cooker.
  15. Add a few drops of water to the solvent-oil mix as the level comes down for the last time. The amount of water added depends on how much starting material you had in the beginning. If I am producing oil from a pound of good bud, I usually add about ten drops of water.
  16. When there is about one inch of solvent-oil-water mix left in the cooker, put on your oven mitts, pick the unit up and gently swirl the contents.
  17. Continue swirling until the solvent has been evaporated off. The few drops of water help release the solvent residue and protect the oil somewhat from too much heat. When the solvent has been boiled off, the cooker that I use automatically goes to low heat. This avoids any danger of overheating the oil. At no time should the temperature of the oil go over 290F degrees (140 C).
  18. Put on your oven mitts and remove the pot containing the oil from the rice cooker.
  19. Gently pour the oil into a small stainless steel container.
  20. Place this container in a dehydrator or put in on a gentle heating device such as a coffee warmer. It may take a few hours but the water and volatile turpines will be evaporated from the oil. When there is no longer any activity on the surface of the oil the medicine is ready for use.

21. Pour the hot oil into a bottle; or as in the video suck it up into a plastic syringe. Putting the oil in a plastic syringe makes it very easy to dispense the medicine.

When the oil cools off it has the consistency of thick grease. Some strains will produce very thick oil and you may have trouble squeezing it out of the syringe. If this happens, place the syringe in warm water a few minutes prior to use.

To anyone starting to use hemp oil as a medication, here are some simple facts. Hemp oil will lower blood pressure and if you are on blood pressure medication, you may find that this medication is no longer needed. The same is true for diabetics. I have seen hemp oil control blood sugar to the extent that insulin was no longer needed.

I am not a doctor and I do not have the right to tell people what they should do. Personally, I would not consider taking any cancer treatments currently in use by our medical system, I do not recommend that hemp oil be taken along with chemotherapy. What would be the sense of making your own cure and then allowing the medical system to give you massive doses of poison?

From my experience with hemp medicine, I have found that most pharmaceutical medications are no longer needed once a person starts using hemp oil. Hemp oil seems to mix well with most natural medications but I have had a few reports from people trying to take hemp oil and pharmaceuticals who experienced stomach pain etc. All problems ceased when they stopped taking the prescription drugs.

To anyone who is going to act on this information to help a loved one, I welcome you to the world of real medicine. Again, I caution you to be very careful when boiling the solvent off. The fumes are very flammable. Be sure to stay away from red-hot elements, sparks, cigarettes etc. that could ignite the fumes.

I wish you the best luck and health.

Warmest regards,  
Rick Simpson